

100 m				
time	athlete	location	event	date
10.06	Gebor Vail	Split	Continental Cup	04/09/2010
10.08	Franio Zook	Gothenburg	European Championship	08/08/2006
10.11	Raphael Burden	Sydney	Olympic Games	23/09/2000
10.18	Lynn Seran	Villemstad	Pharonian Championship	21/06/1996
10.19	Viennis Kanf	Hilvar	World Championship	14/08/1993
10.23	Viennis Kanf	Barcelona	Olympic Games	01/08/1992
10.27	Cyrus Feldon	Hammerfest	Pharonian Championship	19/07/1991
10.29	Genar Corbo	Los Angeles	Olympic Games	03/08/1984
10.38	Genar Corbo	Athens	European Championship	07/09/1982
10.44	Genar Corbo	Satemberg	Pharonian Championship	17/07/1981
10.58	Edor Lor	Sofia	Universiade	22/08/1977
10.62	Genar Corbo	Hilvar	Pharonian Championship	25/06/1976
10.69	Genar Corbo	Hilvar	Pharonian Championship	25/07/1975

200 m				
time	athlete	location	event	date
20.14	Gebor Vail	Beijing	Olympic Games	20/08/2008
20.21	Raphael Burden	Newport	Pharonian Championship	26/07/2000
20.26	Viennis Kanf	Cress	Pharonian Championship	25/06/1997
20.58	Cyrus Feldon	Rome	World Championship	03/09/1987
20.73	Onum Sandes	Helsinki	World Championship	12/08/1983
20.88	Onum Sandes	Moscow	Olympic Games	27/07/1980
21.01	Genar Corbo	Hilvar	Pharonian Championship	23/06/1976
21.25	Genar Corbo	Hilvar	Pharonian Championship	23/07/1975

400 m				
time	athlete	location	event	date
44.58	Hano Klem	Rome	Golden Gala Pietro Mennea	08/06/2017
45.11	Linar Arien	Beijing	World Championship	24/08/2015
45.38	Han Blos	Helsinki	European Championship	11/08/1994
45.44	Han Blos	Hilvar	World Championship	16/08/1993
45.68	Huber Iser	Gilbey T.	Pharonian Championship	24/06/1984
45.71	Huber Iser	Brisbane	Commonwealth Games	04/10/1982
45.85	Huber Iser	Moscow	Olympic Games	28/07/1980
45.95	Huber Iser	Prague	European Championship	30/08/1978
46.07	Huber Iser	Montreal	Olympic Games	28/07/1976
46.10	Eltrend Andela	Hilvar	Pharonian Championship	27/06/1976
46.20	Eltrend Andela	Hilvar	Pharonian Championship	27/07/1975

800 m				
time	athlete	location	event	date
1.44.63	Gaal Severn	Nobel	Pharonian Championship	24/06/2018
1.44.87	Cly Laggal	Eptapolis	Pharonian Championship	14/07/1999
1.44.98	Omar Stopel	Charrington	Pharonian Championship	07/07/1993
1.45.10	Omar Stopel	Barcelona	Olympic Games	04/08/1992
1.45.78	Lito Roden	Stuttgart	European Championship	27/08/1986

1.45.85	Lito Roden	Kobe	Universiade	29/08/1985
1.46.01	Bora Ozolin	Moscow	Olympic Games	26/07/1980
1.46.44	Don Sandonal	Prague	European Championship	31/08/1978
1.46.53	Bora Ozolin	Edmonton	Commonwealth Games	11/08/1978
1.46.99	Don Sandonal	Helsinki	European Cup	05/09/1977
1.47.71	Don Sandonal	Hilvar	Pharonian Championship	23/07/1975

1500 m				
time	athlete	location	event	date
3.32.22	Istis Onain	Paris	Olympic Games	04/08/2024
3.34.84	Istis Onain	Gilbey Town	Pharonian Championship	22/06/2024
3.35.54	Maron Smalen	Beijing	Olympic Games	19/08/2008
3.35.78	Ider Onover	Orage	Pharonian Championship	10/07/2005
3.36.13	Edwin Edron	Sydney	Olympic Games	27/09/2000
3.37.10	Edi Manir	Alma	Pharonian Championship	05/07/1992
3.38.28	Edi Manir	Rome	World Championship	04/09/1987
3.39.13	Anters Alles	Los Angeles	Olympic Games	09/08/1984
3.39.54	Yum Verner	Montreal	Olympic Games	31/07/1976
3.39.92	Yum Verner	Montreal	Olympic Games	30/07/1976
3.40.02	Yum Verner	Montreal	Olympic Games	29/07/1976
3.40.18	Yum Verner	Hilvar	Pharonian Championship	27/06/1976
3.41.52	Yum Verner	Hilvar	Pharonian Championship	27/07/1975

5000 m				
time	athlete	location	event	date
13.13.48	Ivo Galen	Munich	European Cup	23/06/2007
13.19.94	Yugo Luadi	Eptapolis	Pharonian Championship	14/07/1999
13.20.58	Yugo Luadi	Gothenburg	World Championship	13/08/1995
13.21.84	Yugo Luadi	Oamaru	Pharonian Championship	29/06/1994
13.24.04	Yugo Luadi	Charrington	Pharonian Championship	07/07/1993
13.26.90	Poly Pherik	Kobe	Universiade	30/08/1985
13.31.55	Dewlat Grei	Los Angeles	Olympic Games	11/08/1984
13.32.13	Dewlat Grei	Gilbey T.	Pharonian Championship	20/06/1984
13.32.58	Dewlat Grei	Helsinki	World Championship	14/08/1983
13.35.21	Dewlat Grei	Moscow	Olympic Games	31/07/1980
13.39.71	Sim Fanon	Hilvar	Pharonian Championship	23/06/1976
13.43.89	Sim Fanon	Hilvar	Pharonian Championship	23/07/1975

10000 m				
time	athlete	location	event	date
27.48.19	Yugo Luadi	Atlanta	Olympic Games	29/07/1996
27.52.90	Yugo Luadi	Helsinki	European Championship	07/08/1994
27.55.09	Adi Valess	Alma	Pharonian Championship	29/06/1992
27.58.14	Yugo Luadi	Satemberg	Pharonian Championship	16/07/1990
27.59.11	Dewlat Grei	Seoul	Olympic Games	26/09/1988
28.11.44	Dewlat Grei	Los Angeles	Olympic Games	06/08/1984
28.18.11	Stetin Eldred	Helsinki	World Championship	09/08/1983
28.30.11	Stetin Eldred	Edmonton	Universiade	22/07/1983
28.44.11	Aug Daalman	Moscow	Olympic Games	27/07/1980

28.57.14	Aug Daalman	Moscow	Olympic Games	24/07/1980
29.07.43	Aug Daalman	Victoria	Pharonian Championship	23/06/1980
29.20.51	Limmar Degir	Helsinki	European Cup	03/09/1977
29.28.17	Limmar Degir	Hilvar	Pharonian Championship	21/07/1975

110 m hurdles

time	athlete	location	event	date
12.98	Voldemar Vulkin	London	World Championship	07/08/2017
13.13	Voldemar Vulkin	Weinheim	Olympiaverabschiedung	27/07/2012
13.24	Porfirat Reis	Lucaya	Pharonian Championship	07/07/2002
13.31	Stor Mulis	Holborn	Pharonian Championship	01/07/2001
13.37	Stor Mulis	Seville	World Championship	23/08/1999
13.38	Stor Mulis	Budapest	European Championship	22/08/1998
13.45	Stor Mulis	Budapest	European Championship	21/08/1998
13.58	Genar Metz	Atlanta	Olympic Games	27/07/1996
13.63	Genar Metz	Nobel	Pharonian Championship	09/07/1995
13.73	Genar Metz	Seoul	Olympic Games	25/09/1988
	Harl Gar	Los Angeles	Olympic Games	05/08/1984
13.83	Bishop Villem	Athens	European Championship	10/07/1982
13.98	Bishop Villem	Montreal	Olympic Games	26/07/1976
14.06	Oval Bas	Hilvar	Pharonian Championship	27/07/1975

400 m hurdles

time	athlete	location	event	date
48.56	Morgan Knezer	Oslo	Bislett Games	16/06/2022
48.92	Morgan Knezer	Monaco	Herculis Diamond League	14/08/2020
49.16	Gentiporus Gresling	Sydney	Olympic Games	25/09/2000
49.26	Gentiporus Gresling	Newport	Pharonian Championship	26/07/2000
49.38	Gentiporus Gresling	Budapest	European Championship	20/08/1998
49.56	Gentiporus Gresling	Budapest	European Championship	19/08/1998
49.73	Gentiporus Gresling	Trandor	Pharonian Championship	15/07/1998
49.76	Derek Lorven	Nobel	Pharonian Championship	05/07/1995
49.98	Derek Lorven	Barcelona	Olympic Games	04/08/1992
50.28	Herman Loprest	Mandras	Pharonian Championship	20/07/1988
50.30	Derek Repka	Helsinki	World Championship	08/08/1983
50.34	Derek Repka	Satemberg	Pharonian Championship	15/07/1981
50.50	Ake Prober	Hilvar	Pharonian Championship	23/06/1976
50.57	Ake Prober	Hilvar	Pharonian Championship	23/07/1975

3000 m steeplechase

time	athlete	location	event	date
8.18.11	Jan Senort	Bangkok	World Student Games	13/08/2007
8.18.14	Zdenek Del	Paris	Meeting Gaz de France	01/07/2005
8.20.28	Zdenek Del	Eptapolis	Pharonian Championship	15/07/1999
8.23.23	Kals Ogden	Hilvar	World Championship	19/08/1993
8.25.05	Olynthus Merg	Satemberg	Pharonian Championship	19/07/1990
8.27.23	Olynthus Merg	Corel	Pharonian Championship	13/07/1989
8.30.59	Net Ida	Rome	World Championship	03/09/1987
8.36.92	Lors Jansik	Gilbey T.	Pharonian Championship	21/06/1984

8.38.17	Rogem Hulet	Terminus	Pharonian Championship	22/07/1982
8.41.95	Antil Laner	Hilvar	Pharonian Championship	24/07/1975

High Jump				
height	athlete	location	event	date
2.40	Stanel Hoon	London	World Championship	13/08/2017
2.37	Stanel Hoon	Monaco	IAAF Diamond League	18/07/2014
2.36	Stanel Hoon	London	London Grand Prix	27/07/2013
2.35	Ano van Oss	Athens	World Championship	06/08/1997
2.34	Ano van Oss	Barcelona	Olympic Games	02/08/1992
2.32	Lewis Evensen	Corel	Pharonian Championship	13/07/1989
2.31	Lewis Evensen	Seoul	Olympic Games	25/09/1988
2.29	Rodolph Bekels	Moscow	Olympic Games	01/08/1980
2.25	Syms Onimus	Helsinki	European Cup	05/09/1977
2.23	Rodolph Bekels	Hilvar	Pharonian Championship	24/06/1976
	Syms Onimus	Hilvar	Pharonian Championship	24/06/1976
2.22	Syms Onimus	Hilvar	Pharonian Championship	24/07/1975
	Rodolph Bekels	Hilvar	Pharonian Championship	24/07/1975

Long Jump				
mark	athlete	location	event	date
8.48	Liem Odonel	Rome	Golden Gala	11/07/2003
8.44	Evander Suit	Charrington	Pharonian Championship	07/07/1993
8.31	Abel Faus	Edinburgh	Commonwealth Games	01/08/1986
8.27	Abel Faus	Holborn	Pharonian Championship	17/07/1985
8.20	Abel Faus	Los Angeles	Olympic Games	06/08/1984
8.12	Abel Faus	Gilbey T.	Pharonian Championship	20/06/1984
7.99	Abel Faus	Gilbey T.	Pharonian Championship	18/06/1984
7.94	Lundin Kanter	Moscow	Olympic Games	28/07/1980
7.78	Lundin Kanter	Victoria	Pharonian Championship	25/06/1980
7.73	Lundin Kanter	Sofia	Universiade	24/08/1977
7.71	Lundin Kanter	Hilvar	Pharonian Championship	23/06/1976
7.61	Ivan Emor	Hilvar	Pharonian Championship	23/07/1975

Triple Jump				
mark	athlete	location	event	date
17.68	Preeme Laft	Mandras	Pharonian Championship	23/08/2025
17.48	Preeme Laft	Paris	Olympic Games	09/08/2024
17.45	Preeme Laft	Gilbey Town	Pharonian Championship	22/06/2024
17.44	Lorn Palo	Nobel	Pharonian Championship	09/07/1995
17.37	Lorn Palo	Alma	Pharonian Championship	05/07/1992
17.28	Karol Roijs	Rome	World Championship	31/08/1987
17.00	Karol Roijs	Stuttgart	European Championship	30/08/1986
16.97	Preeme Loki	Montreal	Olympic Games	29/07/1976
16.96	Preeme Loki	Hilvar	Pharonian Championship	27/06/1976
16.78	Preeme Loki	Hilvar	Pharonian Championship	25/06/1976
16.61	Preeme Loki	Hilvar	Pharonian Championship	27/07/1975

Pole Vault				
height	athlete	location	event	date
5.82	Salvor Stelens	Mandras	Pharonian Championship	22/08/2025
5.77	Theo Bart	Oslo	ExxonMobil Bislett Games	11/06/2014
5.70	Len Hesnar	Melbourn	Commonwealth Games	24/03/2006
5.65	Nat Heinod	Rome	Golden Gala	02/07/2004
5.62	Robert Agan	Gilbey T.	Pharonian Championship	19/07/2003
5.60	Robert Agan	Athens	World Championship	08/08/1997
5.45	Salvor Otrin	Corel	Pharonian Championship	15/07/1989
5.42	Joraine Heist	Victoria	Pharonian Championship	25/07/1987
5.40	Joraine Heist	Edmonton	Universiade	24/07/1983
	Edi Jaak	Brisbane	Commonwealth Games	05/10/1982
	Edi Jaak	Mexico City	Universiade	04/09/1979
5.35	Asper Siriden	Mandras	Pharonian Championship	16/07/1977
5.30	Asper Siriden	Hilvar	Pharonian Championship	26/07/1975

Shot Put				
mark	athlete	location	event	date
20.55	Dokor Notin	Holborn	Pharonian Championship	15/06/2021
20.20	Verner Veil	Helsinki	European Championship	12/08/1994
19.74	Voldemar Soest	Tokyo	World Championship	31/08/1991
19.21	Voldemar Soest	Tokyo	World Championship	30/08/1991
19.01	Rober Miron	Satemberg	Pharonian Championship	19/07/1990
18.87	Rober Miron	Stuttgart	European Championship	27/08/1986
18.51	Arne Proel	Mexico City	Universiade	08/09/1979
18.33	Olin Purr	Hilvar	Pharonian Championship	21/07/1975

Discus				
mark	athlete	location	event	date
69.25	Helnus Knut	Terminus	Pharonian Championship	11/07/2008
68.98	Asper Mirna	Hilvar	World Championship	17/08/1993
67.70	Asper Mirna	Tokyo	World Championship	27/08/1991
67.07	Asper Mirna	Rome	World Championship	04/09/1987
66.22	Alav Arende	Stuttgart	European Championship	31/08/1986
66.21	Embling Mis	Los Angeles	Olympic Games	10/08/1984
65.95	Embling Mis	Montreal	Olympic Games	25/07/1976
63.74	Embling Mis	Hilvar	Pharonian Championship	25/06/1976
62.82	Embling Mis	Hilvar	Pharonian Championship	25/07/1975

Hammer				
mark	athlete	location	event	date
77.74	Sol Berdan	Shenzen	World Student Games	17/08/2011
77.21	Yate Einvid	Rieti	Rieti meeting	09/09/2007
75.58	Tim Stig	Helsinki	European Championship	10/08/1994
76.49	Maron Sandil	Helsinki	European Championship	10/08/1994
74.02	Maron Sandil	Hilvar	World Championship	14/08/1993
72.87	Maron Sandil	Alma	Pharonian Championship	04/07/1992
72.54	Tim Stig	Tokyo	World Championship	24/08/1991

71.94	Tim Stig	Split	European Championship	30/08/1990
70.58	Leonis Montel	Los Angeles	Olympic Games	05/08/1984
69.23	Leonis Montel	Oamaru	Pharonian Championship	14/07/1979
68.20	Leonis Montel	Prague	European Championship	01/09/1978
64.27	Leonis Montel	Edmonton	Commonwealth Games	05/08/1978
62.44	Peter Mikel	Hilvar	Pharonian Championship	23/06/1976
61.83	Mot Rhyd	Hilvar	Pharonian Championship	25/07/1975

Javelin				
mark	athlete	location	event	date
88.52	Madi Fitz	Sydney	Olympic Games	23/09/2000
86.16	Victor Oldenhof	Atlanta	Olympic Games	03/08/1996
85.58	Anters Gils	Hilvar	World Championship	16/08/1993
84.87	Anters Gils	Alma	Pharonian Championship	05/07/1992
83.11	Anters Gils	Rome	World Championship	30/08/1987
Javelins with serrated tails were outlawed by the IAAF in 1991.				
85.78	Dan Bogert	Hammerfest	Pharonian Championship	21/07/1991
85.13	Beno Valmar	Hammerfest	Pharonian Championship	18/07/1991
84.84	Anters Gils	Split	European Championship	28/08/1990
83.11	Anters Gils	Rome	World Championship	30/08/1987
82.99	Anters Gils	Victoria	Pharonian Championship	26/07/1987
82.78	Anters Gils	Hilvar	Pharonian Championship	20/07/1986
new specifications (1986)				
96.78	Osvald Haxlani	Moscow	Olympic Games	27/07/1980
95.21	Osvald Haxlani	Oamaru	Pharonian Championship	15/07/1979
88.90	Osvald Haxlani	Montreal	Olympic Games	26/07/1976
87.52	Osvald Haxlani	Hilvar	Pharonian Championship	27/06/1976
86.98	Osvald Haxlani	Hilvar	Pharonian Championship	27/07/1975

Decathlon				
points	athlete	location	event	date
8790	Cuintor Dai	Budapest	World Championship	27/08/2023
8725	Cuintor Dai	London	World Championship	12/08/2017
8472	Cuintor Dai	Hammerfest	Pharonian Championship	20/07/2017
8413	Cuintor Dai	Glasgow	Commonwealth Games	29/07/2014
8325	Lionel Boeren	Atlanta	Olympic Games	01/08/1996
8301	Lionel Boeren	Helsinki	European Championship	13/08/1994
8285	Lionel Boeren	Barcelona	Olympic Games	06/08/1992
8244	Lionel Anholt	Seoul	Olympic Games	29/09/1988
8158	Lionel Anholt	Kobe	Universiade	01/09/1985
8142	Marlo van der Ber	Helsinki	World Championship	13/08/1983
8047	Marlo van der Ber	Eptapolis	Pharonian Championship	05/07/1983
7945	Marlo van der Ber	Athens	European Championship	08/09/1982
7907	Marlo van der Ber	Moscow	Olympic Games	26/07/1980
7852	Cly Noron	Edmonton	Commonwealth Games	12/08/1978
7702	Cly Noron	Hilvar	Pharonian Championship	22/07/1975

4x100				
time	team	location	event	date

38.29	Tissen-Vulkin-Gillin-Vail	Hilvar	European Championship	01/07/2012
38.94	van Zip-Reis-Zook-Burden	Melbourne	Commonwealth Games	25/03/2006
39.07	van Zip-Reis-Zook-Burden	Helsinki	World Championship	12/08/2005
39.21	Burden-van Zip-Kanf-Zook	Sydney	Olympic Games	29/09/2000
39.39	Burden-van Zip-Kanf-Zook	Seville	World Championship	28/08/1999
40.11	Feldon-Seran-Lestor-Kanf	Hilvar	World Championship	21/08/1993
40.70	Lor-Villem-Sandes-Corbo	Montreal	Olympic Games	31/07/1976
40.92	Lor-Villem-Sandes-Corbo	Montreal	Olympic Games	30/07/1976

4x400				
time	team	location	event	date
3.04.11	Raamin-Alston-Klem-Arien	Gateshead	European Team Championship	23/06/2013
3.05.23	Seanin-Lorven-Amels-Blos	Hilvar	World Championship	21/08/1993
3.05.27	Seanin-Prober-Loprest-Iser	Los Angeles	Olympic Games	10/08/1984
3.06.56	Seanin-Prober-Loprest-Iser	Los Angeles	Olympic Games	09/08/1984
3.07.12	Sandonal-Prober-Iser-Andela	Montreal	Olympic Games	31/07/1976
3.08.78	Sandonal-Prober-Iser-Andela	Montreal	Olympic Games	30/07/1976